



# YEAR OF ST. JOSEPH

December 8, 2020 - December 8, 2021

## Solemnity of St. Joseph Spouse of the Blessed Virgin Mary March 19<sup>th</sup>

### Prayer for Families

Hail, Guardian of the Redeemer, Spouse of the Blessed Virgin Mary. To you God entrusted his only Son; in you Mary placed her trust; with you Christ became man.

Blessed Joseph, to us too, show yourself a father and guide us in the path of life. Obtain for us grace, mercy and courage, and defend us from every evil. Amen.

The Year of St. Joseph was decreed by our Holy Father, Pope Francis, to mark St. Joseph's 150<sup>th</sup> Anniversary as Universal Patron Saint of the Church. Pope Francis said he was establishing the year so that "every member of the faithful, following his example, may strengthen their life of faith daily in the complete fulfilment of God's will."

## Feast of St. Joseph the Worker May 1<sup>st</sup>

### Prayer for Workers

St. Joseph, guardian of Jesus and chaste husband of Mary, you passed your life in loving fulfilment of duty. You supported the holy family of Nazareth with the work of your hands. Kindly protect those who trustingly come to you. You know their aspirations, their hardships, their hopes.

They look to you because they know you will understand and protect them. You too knew trial, labour, and weariness. But amid the worries of material life, your soul was full of deep peace and sang out in true joy through intimacy with God's Son entrusted to you, and, with Mary, his tender Mother. Assure those you protect that they do not labour alone. Teach them to find Jesus near them and to watch over him faithfully as you have done. Amen.

## Year of St. Joseph Indulgence

Granted by the Holy See from December 8, 2020 to December 8, 2021

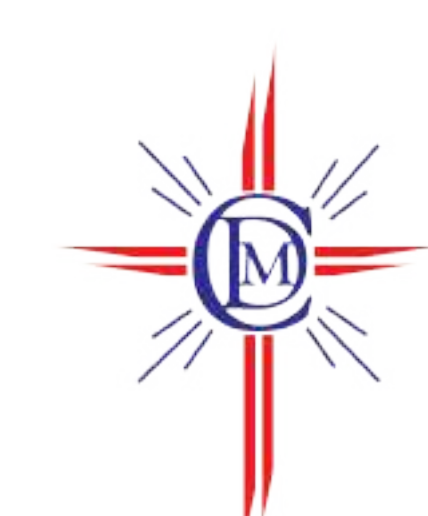


**Below is a summary of how you can receive the special indulgence granted by the Holy See for the Year of St. Joseph.**

The plenary indulgence is granted under the usual conditions (**Sacramental confession, Eucharistic communion and prayer according to the intentions of the Holy Father**) to the faithful who, with a spirit detached from any sin, participate in the Year of St. Joseph on the occasions and in the manner indicated by this Apostolic Penitentiary:

- Meditate for at least 30 minutes on the 'Our Father'

- Participate in a spiritual retreat of at least one day that includes a meditation on St. Joseph
- Perform a corporal or spiritual work of mercy
- Recite the Holy Rosary in families and between the husband and wife
- Entrust their work daily to the protection of St. Joseph and to all believers who invoke with their prayers the intercession of the worker of Nazareth
- Pray the litany of St. Joseph or some other prayer to St. Joseph, typical of the other liturgical traditions, for the persecuted Church and for the relief of all persecuted Christians
- Pray any lawfully approved prayer or act of piety in honour of St. Joseph, for example 'To you O blessed Joseph,' especially on:
  - **March 19<sup>th</sup>** (Solemnity of St. Joseph)
  - **May 1<sup>st</sup>** (Feast of St. Joseph the Worker)
  - **December 26<sup>th</sup>** (Feast of the Holy Family)
  - **The 19<sup>th</sup> day of every month**
  - **Every Wednesday** (a day dedicated to the memory of the Saint according to the Latin tradition)



[www.cdm.my](http://www.cdm.my)