

**SCRIPTURE QUOTE  
TO MEMORISE:**

I give you  
a new  
commandment:  
love one  
another, just as  
I have loved  
you...

(John 13: 34)

We live in a world where powerful and wealthy people use power and wealth to accumulate even more power and wealth—with little regard to the effects on other people.

Jesus asks us to choose between heaven or earth – that while it seems only natural to categorise people whom we do not get along with, heaven tells us otherwise - not to judge. This road less travelled leads us to heaven. Jesus gives us examples of how to 'love our enemies' such as, by doing good, praying or going further, even to bless our enemies. This is hard to do at times.

We are presented with an example when David didn't kill Saul even when he had the easy chance but showed him mercy and spared his life. It is a powerful trait of God to move from being just to being merciful. The Lord thereby opens a window to how God thinks and how heaven is like, where LOVE for ALL seem prevalent at every twist and turn. Jesus knows this is certainly not easy to accomplish. So, He gives us further encouragement and inspiration.

This promise of the Gospel is that we will be repaid for every act of kindness we show here on earth. The most obvious interpretation of this promise is that God will forgive us as we forgive others. It is just as we say so in *The Lord's Prayer*. Jesus minces no words when He says, that **the measure we use to measure others is the measure God will use on us**. Such is the way of God, to allow us into His house with His rules and His Way, even to judge and repay us by *our* own standards. Are we ready to accept the terms of our Lord to set our enemies lurking within us free? For in so doing we ourselves are then set free, forever! ✦

**SCRIPTURE  
of the DAY**

1 Samuel 26: 7-9, 12-13,  
22-23;

Ps. 102: 1- 4, 8, 10,  
12-13;

1 Cor 15: 45-49;

Luke 6: 27-38.

# Newtbec

NEW WAY OF BEING CHURCH

7th Sunday of Ordinary Time  
World Social Justice Day

**SALT OF THE EARTH AND LIGHT OF THE WORLD: COMMUNION, PARTICIPATION AND MISSION**

MONTHLY THEME:  
**WORLD DAY  
OF SOCIAL JUSTICE**



JUDGE  
NOT

## AND YOU SHALL LIVE

It is only natural to harbor retribution in our everyday lives, and it is only human to want to 'reciprocate'. It is a trait or a tendency prevalent in many of us. We judge quickly and condemn even more quickly. The contrasting teaching that Jesus gives points us to the nature of heaven, that while we in this human life judge and condemn easily, it is not so in heaven. "Do unto others as others do unto you" is a worldly 'eye for an eye' adage that confronts us!