SCRIPTURE QUOTE TO MEMORISE:

Go. therefore. make disciples off all the nations. baptize them in the name of the Father and of the Son and of the Holy Spirit.

(Matthew 28:19)

is the central mystery of the Christian faith and life - the source of all other mysteries of faith, the light that enlightens them (CCC 234).

The Church believes that the Trinity are inseparable in what they are and what they do, manifesting the unity of the relationship of the Father, the Son and the Holy Spirit. This is reflected in the liturgy of the Church: in baptism, the recitation of the Creed, matrimony and so on. Every prayer invokes the communion with the three Persons in One. Every time we make the sign of the cross, we are explicitly professing our belief in God as Trinity.

Today, we have Jesus saying farewell to his disciples, a group of frightened, lost, confused and sad followers, who had lost him once to His crucifixion and are fearful of losing Him again. Here is the Son of God, reassuring them that they will not be left alone. That God will send them an advocate in His name to guide them into the whole truth. "He will take what is mine and tell it to you: everything that the Father has is also mine". It is like 'Hey, guys, it will just be like having me around still'. He also said that he still had many things to tell them and that they could not bear it then. He understood their state of mind and so told them that He will leave it to the Holy Spirit to reveal it to them when the time comes.

That must indeed be good news to the disciples. And good news to us too. We know we will not be left 'orphans'. We need not be despondent in any circumstances. In faith we trust that God will continue to reveal Himself to us and guide us through the Spirit of Truth. And we give glory to the Father, and the Son and the Holy Spirit who was in the beginning, is now and ever shall be, world without end. •

SCRIPTURE of the DAY

Proverbs 8:22-31;

Psalms 8: 4-9;

Romans 5: 1-5;

John 16: 12-15

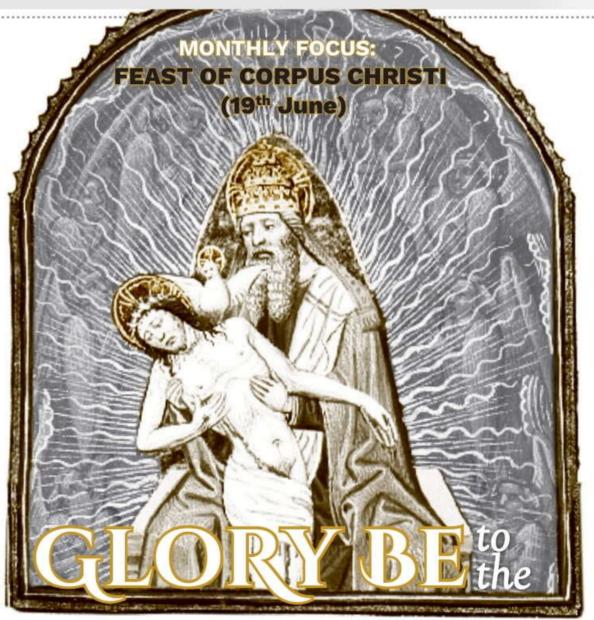
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NEW WAY OF BEING CHURCH

The Most Holy Trinity Sunday

SALT OF THE EARTH AND LIGHT OF THE WORLD: COMMUNION, PARTICIPATION AND MISSION



he grace of Christ Jesus the Lord, the love of God and the fellowship of the Holy Spirit be with you all" that we hear at mass echoes the words of St. Paul to the Corinthians (2 Cor 13:13). The mystery of the Most Holy Trinity