

# Newtbec

NEW WAY OF BEING CHURCH

28th Sunday Of Ordinary Time

SALT OF THE EARTH AND LIGHT OF THE WORLD: COMMUNION, PARTICIPATION AND MISSION

MONTHLY FOCUS:

FEAST OF OUR LADY OF THE ROSARY (7<sup>th</sup> OCTOBER)

## Embracing an ATTITUDE OF GRATITUDE

A mother of three boys narrated this story during a BEC gathering:

*'As a working mom, there is always the constant challenge to juggle between work and family life. Some days of the week, the boys have to take the meals without mom and dad at table.'*



### SCRIPTURE QUOTE TO MEMORISE:

...and for all things give thanks, this is the will of God for you in Christ Jesus.

(1 Thessalonians 5:18)

*But when everyone is in, especially during weekends, the middle child is the one who would not leave the table without a "thank you, mom, for the food."*

*One day when I was alone with my second child, I told him his attitude of gratitude makes my day even if I face a tough day at work. My boy gave me a hug and said, "I love you, Mom."*

The first reading in 2 Kings 5 tells the healing of Naaman, the Syrian soldier. He was a leper who was cured despite his initial hesitation to take instructions. He later made his profession of faith to the one true God of Israel. St Luke in Chapter 17 tells the story of the curing of the ten lepers, out of whom one came back to glorify God.

These passages tell us faith, when filled with gratitude is the way to salvation, the path for all nations, preceded by that of the chosen people and continued by the followers of Christ. This is affirmed by St Paul's letter in 2 Timothy 2:10 that 'God's healing grace and salvation is open to all through Jesus Christ.'

Pope Francis at his Wednesday general audience on 30 December 2020 said that '**Catholics can change the world by being 'bearers of gratitude,'** because if we are, 'the world itself will become better, even if only a little bit, but that is enough to transmit a bit of hope.'

Developing a virtue of gratitude also helps us to cement friendships and build stronger relationships. The story of the grateful child in that BEC family is shared to invite everyone to think of one person whom you are grateful to. Make an effort to extend your gratitude today. Let this attitude of gratitude take root in your life, and see the change it will make.

By his wounds, Jesus has healed us of our leprous stains within and without. Let us be like the returning leper as we '*joyfully sing to the Lord, for He has made known his salvation.*' (Psalm 98). ✚

### SCRIPTURE of the DAY

2 Kings 5: 14-17;

Psalms 98: 1-4;

2 Timothy 2:8-13;

Luke 17: 11-19.