

## CDM Kampungku Connection 2022

### June: Sense God's Mercy

#### **Taste and see God's Mercy**

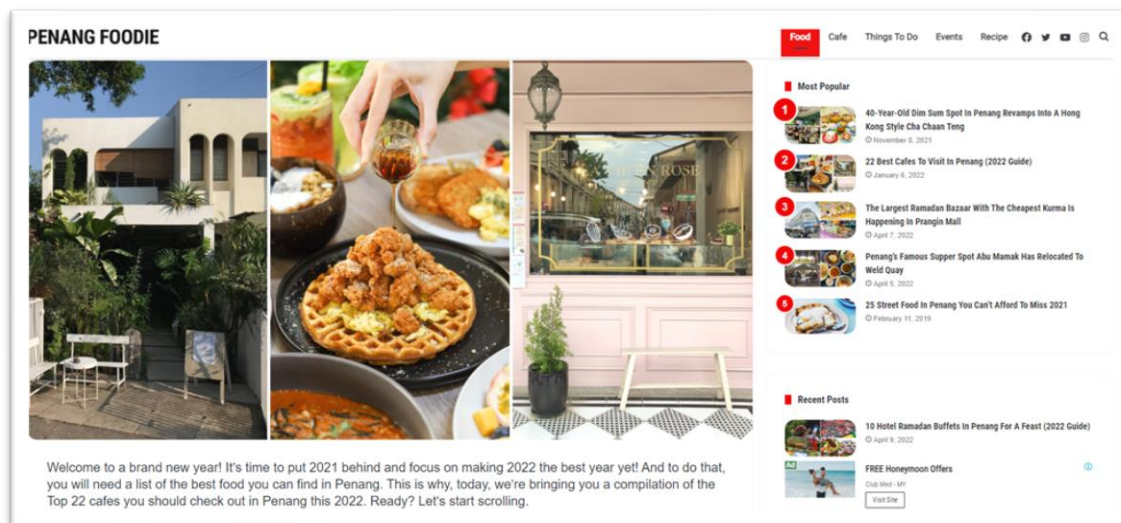
Opening Prayer:

#### **PRAYER FOR THE SYNOD – *ADSUMUS SANCTE SPIRITUS***

We stand before You Holy Spirit, as we gather together in Your name,  
With You alone to guide us, make Yourself at home in our hearts;  
Teach us the way we must go and how we are to pursue it.  
We are weak and sinful; Do not let us promote disorder  
Do not let ignorance lead us down the wrong path  
Nor partiality influence our actions.  
Let us find in You our unity so that we may journey together to eternal life  
And not stray from the way of truth and what is right  
All this we ask of You who are at work in every place and time,  
in the communion of the Father and the Son Forever and ever **AMEN**

#### **Food! Food! And more Food!**

Penang is well known as the capital of offering amazing food in Malaysia. Some are willing to travel for hours just to savor a bite of local cuisines here in Penang. This is evident when we experience traffic jams during the holiday season and the long queues outside a food outlet. While good food is the source of attraction, the word of mouth on how it tastes entices the heart of people to come. We see many blogs on the internet promoting different types of cuisines in Penang. Some even include pictures and videos, and the race to find the best food is a never-ending journey.



Screenshot from Penang Foodie website

## Sharing

- Have you ever tasted something so good that you cannot keep it to yourself and want to tell everyone about it?

## Tasting God's mercy

We are invited to reflect and ponder on God's mercy in our lives. When we need help most, God will always be there to give us a helping hand. When we suffer alone in silence, God shows us the way and heals our wounds. When we are lacking of things in life, God provides for all our needs. These are just some of the many examples of when we experience God's mercy. Was the experience good? If so, why not share and proclaim God's mercy to others.

O taste and see that the Lord is good; happy are those who take refuge in Him.

**Psalms 34:8**

## The Holy Eucharist

While they were eating, he took a loaf of bread, and after blessing it he broke it, gave it to them, and said, "**Take; this is my body.**" Then he took a cup, and after giving thanks, he gave it to them, and all of them drank from it. He said to them, "**This is my blood of the covenant**, which is poured out for many. Truly I tell you, I will never again drink of the fruit of the vine until that day when I drink it new in the kingdom of God." (Mark 14:22-25)

During the Last Supper, Christ instituted the Sacrament of Holy Communion. This is the very way we can taste the Lord and be in full communion with him. When we consume The Lord's body, it is no longer I who live, but it is Christ who lives in me (Galatians 2:20). We will be transformed and be Christlike to others, living according to his word, which is to love God and love our neighbor.

## Sharing

- What is your experience deprived from the Eucharist during the pandemic?
- How is your faith journey with and without the Eucharist?

# “Take; this is my body”

—Mark 14:22

The presence of Christ in the Eucharist is real, true, and substantial.

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“Jesus awaits us in this sacrament of love.” (St. John Paul II, *Dominicae cenae*, no. 3)

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“It is called: Eucharist, because it is an action of thanksgiving to God.” (CCC, no. 1328)

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Eucharist “makes present the one sacrifice of Christ the Savior.” (CCC, no. 1330)

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Closing prayer:

Heavenly Father, we thank you for the gift of your body and blood for us. You are not a God that is very distant from us, but we get to be in full communion with you through the Eucharist. Help us to grow and deepen in our faith journey, and may the Eucharist transform our lives as we become more Christlike to others. We make this prayer through Christ our Lord. Amen.