"I thank God that many families, which are far from considering themselves perfect, live in love, fulfil their calling and keep moving forward, even if they fall many times along the way."

- Pope Francis(Amoris Laetitia #57)



Prepared by: Family Life ArchKL

Edited by: Fr. Eugene Director of API

Email: apidirectorkl@gmail.com
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that if they truly love him, they will keep his commandments. This statement implies that obedience to Jesus' commandments is a necessary expression of love for him.

So how do we obey Jesus' commandments? The Holy Spirit, who is the spirit of truth, helps us to understand and obey Jesus' teachings. When we love Jesus, we will naturally want to follow his commandments, and the Holy Spirit will empower us to do so.

With the focus on family life this month, we look into our family life to see, how the Holy Spirit is empowering our families.

As Pope Francis said in Amoris Laetitia, "I thank God that many families, which are far from considering themselves perfect, live in love, fulfil their calling and keep moving forward, even if they fall many times along the way." (57)

Yes, our families are far from perfect but Jesus has given us the Holy Spirit to be with us forever. The spirit is with us and in us. Let us seek the Spirit of Truth to guide us in building strong and healthy relationships within the family, and help us to keep moving forward in obedience to Jesus' commands. Come Holy Spirit, make our families strong in love, in Jesus, our risen Lord and Saviour!

Dear families! Let us make an effort each day of this week to pray together to love Jesus more deeply and to live by His commandments. Pray as a family for the guidance and inspiration of the Holy Spirit. Pray the Rosary as a family, this month of the Rosary. At the end of family prayer, let us pray over each other for the outpouring of the Holy Spirit. What a wonderful sign of humility, to kneel before each other and to be prayed over by family members. Blessed Easter everybody!



NEW WAY OF BEING CHURCH

6th Sunday of Easter

SALT OF THE EARTH AND LIGHT OF THE WORLD: COMMUNION (INCLUSIVE), PARTICIPATION (CREATIVE) & MISSION (BRIDGE BUILDING)

MONTHLY FOCUS: FAMILY LIFE

FOCUS EVENT: INTERNATIONAL DAY OF FAMILIES

The Spirit of Th

"If you love me, you will keep my commandments"
(John 14:15)

On this 6th Sunday of Easter, we are reminded of the Promises of the Holy Spirit. In the Gospel of John, Jesus is speaking to his disciples just before his arrest and crucifixion. He is telling them

