

*Our  
inspiration  
comes  
from the  
Gospel.*

## OUR PURPOSE

Our primary focus is to meet the physical rehabilitation needs of the community, particularly individuals with physical impairments, the marginalized and homebound. Currently, we are actively involved in a fall prevention program for the elderly residents at SFX Homes in Cheras, run by the Little Sisters of the Poor (LSP). Our volunteer activities include conducting initial fall risk assessments, providing physiotherapy consultations and guiding individuals through physical rehabilitation exercises.

Moreover, the Catholic Physical Rehabilitation Team serves as a platform for professionals like us to connect, support one another, and foster a sense of community. Recognizing the spiritual and physical burnout experienced by many allied health professionals during the challenging times of the COVID-19 pandemic, our team acts as a support group, encouraging spiritual growth, holiness, and promoting fellowship and networking among Catholic Physical Rehabilitation professionals.

## HOW WE STARTED

This initiative was started in October 2021 by Rev. Fr. Philip Chua our spiritual director, who is EA of the Archdiocesan Mental Health Ministry and Dr. IyLen, our medical adviser, from the Catholic Doctors Association of Malaysia. A gap was identified in the healthcare needs of the Catholic community, particularly during the pandemic when access to physical rehabilitation services became limited. Motivated by this need, a team of young professionals dedicated to serving the community at their doorstep got together to brain storm this concern. We have since experienced continuous growth with ongoing recruitment and volunteering efforts. Our hope is to unite and expand all Catholic physical rehabilitation professionals in the Archdiocese of Kuala Lumpur to be of service to more.

If you share a passion for serving those around you and are a physical rehabilitation professional or aspiring to be one, we warmly invite you to join us. Please contact **Wilfred Wong** at **018-9034077**. We look forward to meeting you and working together to make a positive impact in the lives of others. ✚

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INTERNAL CIRCULATION ONLY

BUL 31/2023

29 & 30 JULY 2023

# Newtbec

NEW WAY OF BEING CHURCH

17th Ordinary Sunday

SALT OF THE EARTH AND LIGHT OF THE WORLD:

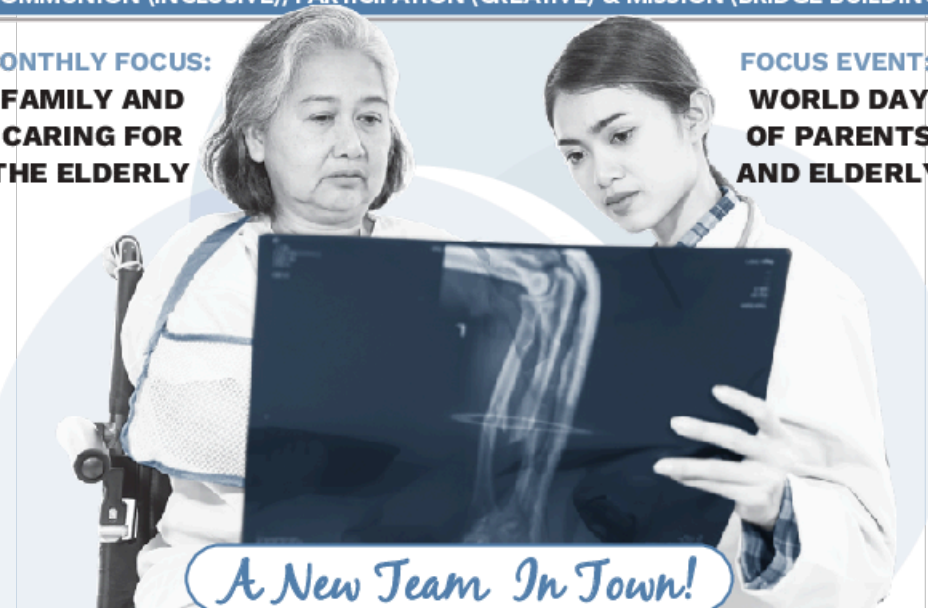
COMMUNION (INCLUSIVE), PARTICIPATION (CREATIVE) & MISSION (BRIDGE BUILDING)

MONTHLY FOCUS:

**FAMILY AND  
CARING FOR  
THE ELDERLY**

FOCUS EVENT:

**WORLD DAY  
OF PARENTS  
AND ELDERLY**



*A New Team In Town!*

## CATHOLIC PHYSICAL REHABILITATION TEAM (ArchKL)

**T**he Catholic Physical Rehabilitation Team is an initiative led by a compassionate group of physical rehabilitation professionals, including physiotherapists, with plans to expand to include occupational therapists, speech therapists, dietitians, and more. Our inspiration comes from the Gospel, where Jesus performed healing miracles for those who were suffering (Matthew 4: 24, 9: 2-8). By following in His footsteps, we strive to provide the best possible care to our community through our profession and daily work.