



St Paul says, "Wake from sleep; put on the Lord Jesus Christ", a wardrobe change that swaps resentment for gentleness and distraction for attention. Jesus warns that ordinary days can lull us into forgetfulness; Noah's neighbours were busy with meals and plans and missed the hour.

**"We desire to be able to welcome Jesus at Christmas-time, not in a cold manger of our heart, but in a heart full of love and humility, a heart so pure, so immaculate, so warm with love for one another.**

*St. Teresa of Calcutta*

More than often, we are preoccupied with travel, shopping and planning while some who are unfortunate grapple with flood-relief needs and preparations for the New Year's challenges.

Besides reminding us about simplicity and solidarity, Advent watchfulness is also a call to ecological conversion. As in *Laudato Si'* (217 "The ecological crisis is also a summons to profound interior conversion.") It invites us to cultivate a sense of gratitude, restraint, and joy that honours both creation and the poor. Around the wreath we light one candle at a time, slow enough for children to wonder, brave enough to remember those who wait alone: migrants who cannot go home, elders who seldom receive visitors, families rebuilding after floods.

The month that began with remembrance now becomes readiness: homes that listen, discern, and serve—so that when the Lord comes, He finds us awake, together, and available.

**This week:** Begin a family Advent rhythm: one short daily prayer and one planned act of kindness each week.✝

**SCRIPTURE**  
*of the DAY*

- Isaiah 2: 1-5
- Psalms 121: 1-2, 4-9
- Romans 13: 11-14
- Matthew 24: 37-44

# NEWBEC

NEW WAY OF BEING CHURCH | 1<sup>st</sup> Sunday of Advent | 30 Nov 2025

CELEBRATING, LISTENING AND WALKING AS PILGRIMS OF HOPE

**MONTHLY FOCUS & RATIONALE: FAMILY (ACCOMPANYING)**  
**CALLED TO STRENGTHENING FAITH AND RELATIONSHIPS**  
**TOWARDS BUILDING GOD-CENTERED FAMILIES**



## Advent

### A Journey of Faith for God-Centered Families

We end November by facing forward. **Advent teaches families how to wait with faith and patience, so that we can walk together into God's future.** Isaiah imagines nations streaming to the Lord's Mountain to learn His ways; the synodal household becomes a signpost when it chooses presence over purchases and intercession over endless scrolling.